

# DRIVE

aligns values and decisions



**DRIVE EQUIPS TEENS WITH CRITICAL SKILLS THEY'LL NEED AS THEY PREPARE TO TRANSITION INTO HIGH SCHOOL.** Using the Health Belief Model and Social Emotional Learning Theory, DRIVE empowers students to make healthy decisions and reduce risky behaviors by increasing their self-efficacy, self-awareness, and personal beliefs and perceptions.

For more information contact **prevention**  
**WORKS**

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**GIVING PEOPLE TOOLS TO MAKE HEALTHY DECISIONS**

# DRIVE

## DRIVE DETAILS

The following can be adapted to fit different groups and ages.

### FOR YOUTH

- Youth ages 12-14
- 6-8 Session Program
- Designed for in-school and after-school, daytime hours

### LESSON TOPICS

- Values
- Healthy Relationships
- Bullying Prevention
- Sexual Health
- Substance Use
- Decision Making

Supplemental Lessons:

- Social and Emotional Health
- Substance Abuse

## SPECIAL FEATURES

- DRIVE's Sexual Health lesson offers a convenient option for schools to fulfill their Human Growth and Development Component. One of two supplemental lessons can be substituted in this lesson's place should it be desired.
- DRIVE-HOME handouts offer additional information and resources for families and caregivers
- Utilizing the natural classroom environment, DRIVE encourages group discussions, offers skill building activities, and uses interactive learning techniques to strengthen students' protective factors and skills of resistance.