

— CELEBRATE FAMILIES —

builds strong bonds



CELEBRATE FAMILIES IS A PARENT, CHILD AND FAMILY SKILLS-BUILDING CURRICULUM DESIGNED TO HELP PARENTS AND CHILDREN CONNECT with

each other, build skills and positive attitudes, and celebrate family strengths. Celebrate Families provides parents, caregivers and their youth an opportunity to learn new ways to communicate and practice skills learned each session.

For more information contact **prevention**
WORKS

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GIVING PEOPLE TOOLS TO MAKE HEALTHY DECISIONS

CELEBRATE FAMILIES

CELEBRATE FAMILIES DETAILS

The following can be adapted to fit different groups.

FOR FAMILIES

- Parents, Caregivers and their youth (ages 5-9)
- 8 Session Program
- Designed for evening and weekend hours

LESSON TOPICS*

Parents and Caregivers

- Exploring the Past and Future
- Enhancing Your Child's Self-image
- Communicating with Your Child
- Positive Discipline Techniques
- Showing You Care
- Dealing with Homework and School
- Household Chores

*Lesson topics for youth are age appropriate and mirror parent learning each session.

SPECIAL FEATURES

- This free program includes a meal to encourage family meal time, transportation (upon request) and raffle prizes for adults and youth at every program session.
- The whole family is invited to attend, regardless of age. Activities and supervision will be provided for youth outside of the program age range.